

APRIL 2020

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# QUARTERLY NEWSLETTER

*Official Newsletter of the Northwest Michigan Chronic  
Disease Prevention Coalition*

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## Prescription for Health Overview

For those who may not be aware, District Health Department #10 (DHD#10) has recently received from the Michigan Health Endowment Fund a Prescription for Health grant. This grant will provide \$250,000 in funding to improve access to healthy food across DHD#10's jurisdiction.

Prescription for Health will provide direct education to adults that have or are at a risk for chronic diseases and gives them the opportunity to purchase fresh, frozen or canned fruits and vegetable by means of vouchers.

# Prescription for Health Community Partners

DHD#10 has identified several hospitals and healthcare systems as key partners to introduce the Prescription for Health program to community members.

These partners are:

1. Lake County: Baldwin Family Healthcare
2. Kalkaska County: Kalkaska Memorial
3. Oceana County: Mercy Health
4. Wexford County: Munson Healthcare Cadillac
5. Missaukee Counties: Munson Healthcare Cadillac
6. Crawford County: Munson Healthcare Grayling
7. Manistee County: Munson Healthcare Manistee
8. Newaygo County: Spectrum Health Gerber Memorial
9. Mecosta County: Spectrum Health Big Rapids
10. Mason County: Spectrum Health Ludington

# Community Partner Updates

Baldwin Family Health Care has developed a system for redemption of vouchers with Housman's Grocery.

Munson Healthcare is working with Save-A-Lot Stores to secure them as regional grocery for this program between the 3 hospitals (Cadillac, Grayling, Manistee).

Spectrum Health Big Rapids' work continues with Meijer to secure them as a regional grocery partner for this program for the three hospitals (Ludington, Gerber, Big Rapids/Reed City) and possibly other locations.

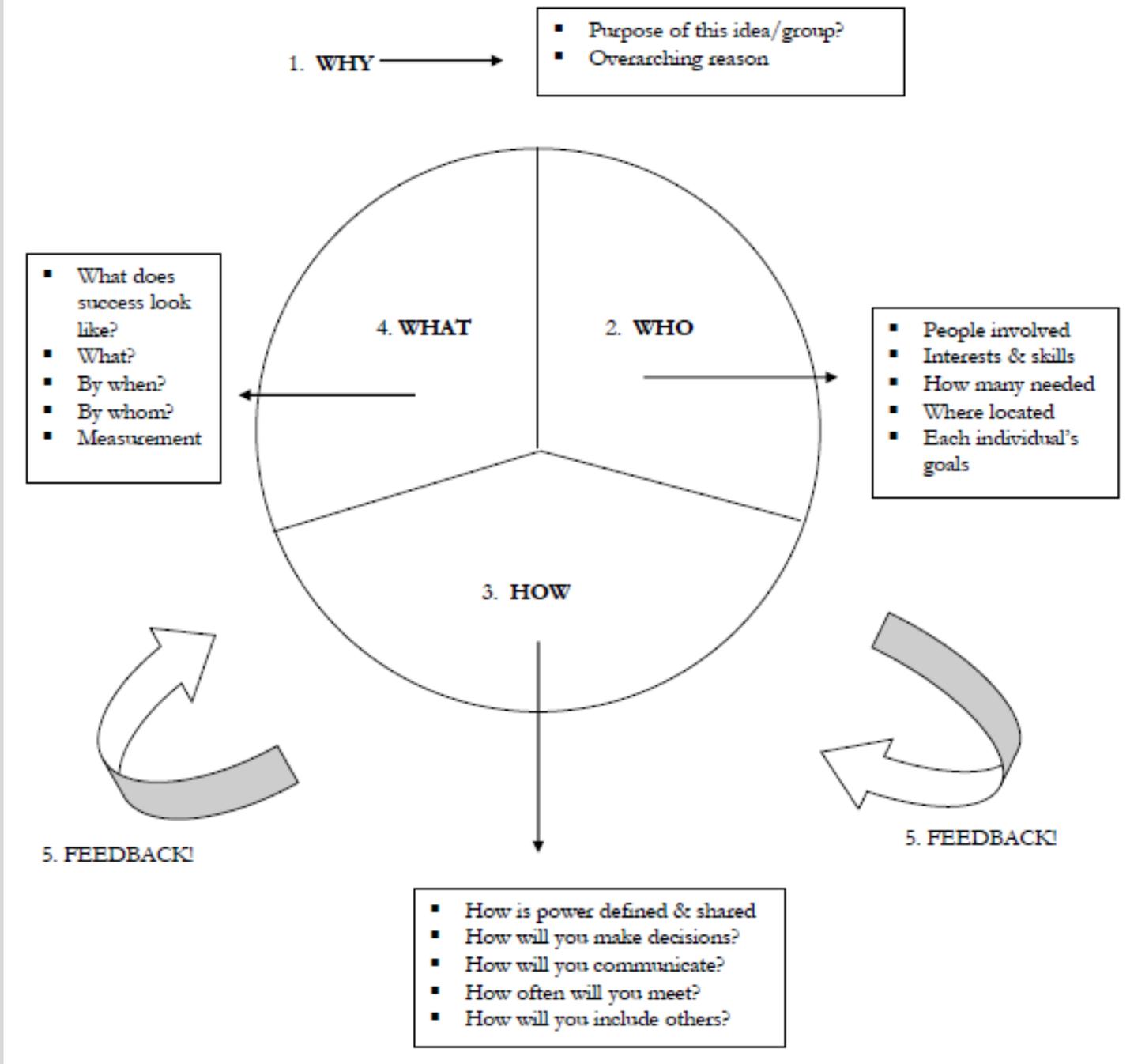
Mercy Health is working towards a partnership with Hansen Foods in Oceana County.



# NMCDPC Update

## THE GROUP DEVELOPMENT MODEL

*Growing A Vision, An Implementation Plan, & A Collaborative Team*



The Group Development Model (GDM) "encourages groups to establish processes which leverage the talents of team members, create norms and decision-making agreements, and identify success measures throughout the project's lifecycle. GDM also provides a framework for planning, meeting facilitation, and project assessment."- MPHI Staff

# NMCDPC Update Continued

On Friday, March 6th, NMCDPC members and Prescription for Health project partners were invited to attend a workshop on the Group Development Model.

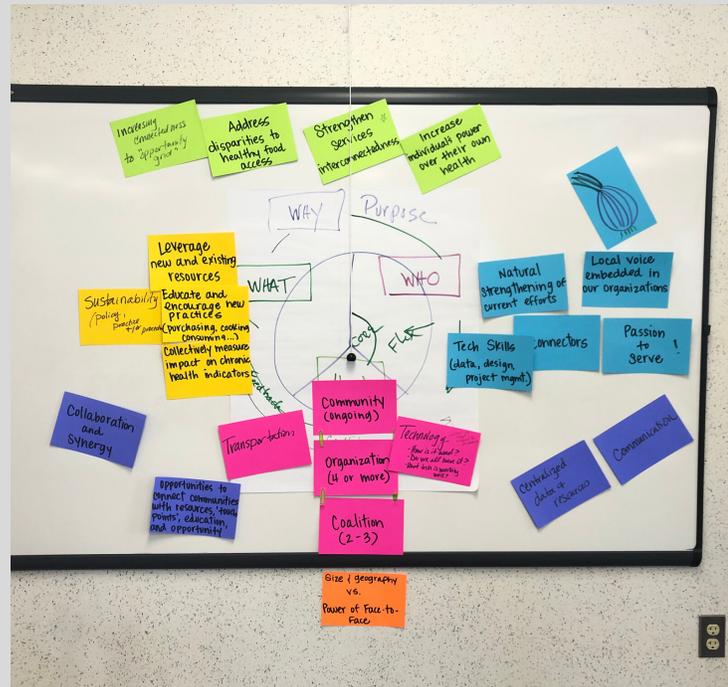
The workshop was held at the Michigan Works building in Reed City, and featured Michelle Napier-Dunnings and Angela Precht from the Michigan Public Health Institute (MPHI) and was provided in part by the Michigan Health Endowment Fund, as a component of the Prescription for Health project grant.

In total, 14 members and partners attended the workshop- including representatives from the American Cancer Society, Ferris State University, Baldwin Family Healthcare, MSU Extension, and District Health Department #10.

The workshop provided an introduction to the Group Development Model, and how it's unique approach to collaborative work can help engage community partners in meaningful ways throughout a project's lifecycle.

Overall, attendees responded positively to the workshop, as a majority of attendees described the workshop as "productive" (80%), "high-quality" (70%) and "useful" (90%) according to post-event evaluations.

In response to several requests for a follow-up training on the Group Development Model, we will be offering a deeper-dive training in the fall of 2020. If you are interested in helping to plan this training or would like to learn more, please contact Katie Miller at: [kmiller@dhd10.org](mailto:kmiller@dhd10.org)



Visit [www.livewell4health.org](http://www.livewell4health.org) for coalition updates and information



Send email submissions to [khaner@dhd10.org](mailto:khaner@dhd10.org)



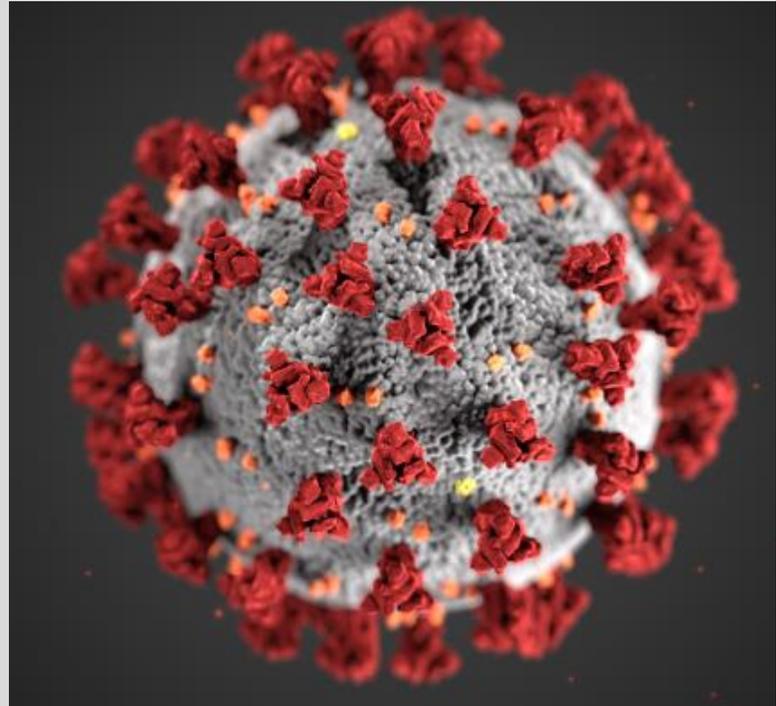
@livewell4health

# Coronavirus (COVID-19) Update

At this time, COVID-19 is spreading community-wide across the state of Michigan. Please, take the necessary precautions to avoid exposure, follow [CDC Guidelines](#) and monitor your symptoms. If symptoms become severe, please contact your medical provider for further instructions. MDHHS also has guidance on [what to do if you think you were exposed](#) to COVID-19.

Data on the number of cases changes every day. Click on the links below for more information.

- [Michigan data](#)
- [United States data](#)
- [World data](#)



If you are in need of COVID-19 testing, you may call the below hotlines:

- 888-535-6136 | MDHHS Patient COVID-19 Hotline
- 231-935-0951 | Munson Hotline
- 833-559-0659 | Spectrum Hotline
- 888-700-9011 | Mercy Hotline

Northwest Michigan Chronic Disease Prevention Coalition partners continue to monitor the situation closely with state and healthcare providers.