

GET MOVING WEXFORD COUNTY



ANYTIME FITNESS

Group classes, massages, and exercise equipment 2101 Plett Rd, Cadillac, MI 49601 (231) 846-2027 Website Facebook



CADILLAC AREA YMCA

Offering group classes, swimming pool, exercise equipment and an indoor gym/track 9845 Campus Dr., Cadillac, MI 49601 (231) 775-3369
Website Facebook



EVOLVE YOGA AND FITNESS STUDIO

Group classes and personal training 113 N. Mitchell St, Cadillac, MI 49601 231-342-8371 Website Facebook



TWO FORCES INTEGRATED TRAINING CENTER

Small group and personal training 720 N. Mitchell St, Cadillac, MI 49601 231-884-0550 <u>Facebook</u>



RYNO'S TRAINING

Personal training, group classes and a variety of exercise equipment 205 N. Mitchell St, Suite B, Cadillac, MI 49601 231-499-1176

Website Facebook



CADILLAC CROSSFIT

Community dedicated to elite health & fitness offering personal training and group classes. 1461 N. Mitchell St, Cadillac, MI 49601 231-468-2938 Website

Facebook



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CADILLAC HERIATAGE NATURE TRAIL

A 2.5 mile long trail for hiking and cross country skiing

Mitchell State Park, Cadillac, MI



CADILLAC JR/SR HIGH SCHOOLS

Walk the hallways Monday-Friday from 6:15-7:30am and 3:30-9:00pm 400 Linden St, Cadillac, MI 49601 231-867-5800



CADILLAC PATHWAYS

11.3 miles of groomed ski, hike, and bike trails with 6 loops.

Boon Road (34 Mile) & Seeley Rd Cadillac, MI 49601 (231) 775-9727



CLAM RIVER GREENWAY

2 mile, 10ft wide paved trail, boardwalks, and natural areas running through the heart of Cadillac. 330 Chestnut Street, Cadillac, MI 49601



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KEITH MCKELLOP WALKWAY

5.5 miles long along the shore of Lake Cadillac



MACKENZIE TRAIL

The trail is a system of many loops, both single and double tracked

The trailhead is just west of Caberfae Peaks, down 38 Rd. about 3/4 of a mile in the Manistee National Forest



NORTH COUNTRY TRAIL

Rustic Trail, access points located along the Manistee River.



WHITE PINE TRAIL

92 miles long from Grand Rapids to Cadillac. 6093 M-115, Cadillac, MI 49601