

Healthy Eating in Kalkaska County

Farmer's Markets

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| Cherry Street market | Locally owned fruit & veg market which also sells breads, grains, plants, flowers, garden goods etc. | (231) 258-4946 | 301 W Mile Road Kalkaska, MI 49646 https://www.facebook.com/Cherry-Street-Market-190809504384060/ |
| Spring Field Recreation Area | Open April – Oct, Thursdays 3-7:00pm | | 3983 Lund Road Fife lake, MI 49633 |
| Kalkaska Farmers Market | Open May 24th - October 11th, Tuesdays 2-6:00pm | (231) 258-9191 | Cedar Street – vacant lot next to the golf shop |

Food Pantries

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|------------------------|---|----------------|--|
| KAIR | Services available Monday – Friday 10-3:00pm | (231) 258-7836 | 324 S Cedar Street Kalkaska, MI 49646 |
| Rapid City Food Pantry | Services available Fridays 10-1:00pm | (231) 331-6246 | 9456 Valley Road Rapid City, MI 49676 |

Food Assistance Programs

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| The Emergency Food Assistance Program | 4 th Wednesday of Nov/Mar/Jun/ Sept, 9-10:00am | | Kalkaska Fairgrounds 1905 Fairground Dr. Kalkaska, MI 49646 |
| Commodity Supplemental Food Program | Supplemental food for women, infants, children & seniors, 2 nd Wednesday of the month 10-11:30am | (231) 258-5030 | Kalkaska Senior Center 303 S. Coral Street Kalkaska, MI 49646 |
| United Methodist Church Community Meal | Wednesdays 5:15-6:15pm | (231) 258-2802 | 2525 Beebe Road NW Kalkaska, MI 49646 |

Learn about low or no cost nutrition programs by contacting:

**MICHIGAN STATE
UNIVERSITY
EXTENSION**

Kalkaska County MSU-Extension
890 Island Lake Road
Kalkaska, MI 49646
(231) 258-3320
msue.kalkaska@county.msu.edu
<http://msue.anr.msu.edu/county/info/kalkaska>



District Health Department #10
625 Courthouse Dr. NW
Kalkaska, MI 49646
(231) 258-8669
<http://www.dhd10.org/>



Provided by:

