

SUMMER CELEBRATION SERIES: AUGUST

RESOURCES:

1. Covid-19 vaccination information

- https://www.michigan.gov/corona-virus/0,9753,7-406-98178_103214_104822---,00.html
- <https://www.cdc.gov/vaccines/covid-19/index.html>

2. General vaccination information

- <https://www.dhd10.org/men-women/immunizations/>
- <https://www.dhd10.org/parents-families/immunizations/>
- <https://www.cdc.gov/vaccines/parents/index.html>



Source: <https://www.cnn.com/2020/12/15/us/covid-vaccine-stickers-trnd/index.html>

August is National Immunization Awareness Month

As we enter August, children are preparing to return to school, the weather is as warm as ever, and the last month of summer is underway. Along with these happenings, August is also observed as National Immunization Awareness Month! This observance was created to promote vaccinations and emphasize the importance of getting vaccinated.

Why are Vaccinations Important?

According to University of Michigan Health, immunizations are the best way to prevent infectious disease. [3] Immunizations help your body prepare to fight off certain illnesses and can even create immunity for certain diseases. For example, when children receive the measles vaccination, the vaccination allows children to build immunity to the disease without having to get sick and fight off the illness themselves. [1]

Immunizations not only prevent you from getting sick, but they help protect your loved ones and others around you from illness. Some individuals are not able to get vaccinated due to health conditions, allergies, age, and more, so it is important that others in the community are vaccinated. [3] When most individuals within a community are vaccinated, illness is less common. This is referred to as herd immunity.

Vaccines are administered at various points in a person's life and may require boosters. Some vaccinations, like the flu shot, must be administered each year. Check out the resources section to find vaccination schedules for each age group. It is important to cooperate with the recommended vaccine schedules, as successful immunization depends on this. [3]

How to Take Part in National Immunization Awareness Month

Throughout the month of August, check with your physician or visit to see if you are up to date on your immunizations! If you are not up to date on your vaccinations, go visit your doctor or local health department and vaccinated. If you have not yet received the Covid-19 vaccination, be sure to take time this month to do so! Attend a local pop-up clinic, visit your local health department, or visit a pharmacy that offers Covid-19 vaccines. Check out the resources section to find a vaccination center near you or for more resources regarding immunizations.

Look for a new post this month about another holiday that occurs in August!



Source: <https://www.mymdnow.com/treatment-and-services/immunizations-and-vaccines/>

- Sources
1. Centers for Disease Control and Prevention. (2018, May 16). Why Are Childhood Vaccines So Important? Centers for Disease Control and Prevention. <https://www.cdc.gov/vaccines/vac-gen/howvpd.htm>.
 2. Importance of Immunizations. (2020, August 31). University of Michigan Medicine. <https://www.uofmhealth.org/health-library/hw255342>.