

Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes Friday, May 5, 2017

Attendees: Gail Bullard, Chair, FSU; Donna Norkoli, DHD #10, Beth Langenburg, Spectrum Health Big Rapids, Fathima Wakeel, FSU; Kim Benz, Munson Healthcare Cadillac; Kevin Hughes, Health Officer, DHD #10

By Weblink: Doris Silver, West Shore Medical; Andrea Cassel, American Cancer Society; Sarah Oleniczak, Deputy Health Officer, DHD #10; Susan Affholter, Health Dept. of Northwest Mich.; Angela Smith-Heittiko, Centra Wellness; Mary Anne Gutierrez, Northwest Michigan Health Services

Discussion	Action
Feedback from Presentation on the MDHHS Tobacco	The group was very interested in this
Program Strategic Plan	information about tobacco use rates,
	especially in our rural counties. Some
Molly Cotant, Consultant for the MDHHS Tobacco	members would like to have copy of Molly's
Control Program, provided a presentation regarding	slide presentation. Action; For specific data
statistics on tobacco use rates for disparate populations	on tobacco use rates for specific populations
and best practices for reducing rates of tobacco use for	contact Molly Cotant at
those populations, particularly the low socio-economic	cotantm@michigan.gov
populations which are prevalent in our CDP region.	
	Also for copies of her slide presentation
	contact Molly Cotant.
	Beth Langenburg reported that Spectrum
	Health Big Rapids will be sending a staff
	person to the DHD #10 TTS training in June.
Community Health Innovation Region (CHIR)	Please contact Sarah at
	soleniczak@dhd10.org for a copy of the
Sarah Oleniczak presented on the Northern Region CHIR	presentation.
project. This project involves Kalkaska, Manistee,	
Wexford and Missaukee Counties of DHD #10 along	
with some counties in the region of the Northern	
Michigan Public Health Alliance.	
The State Innovation Model (SIM) focuses on the	
development and testing of multi-payer health care	
payment and service delivery models in order to	
achieve better care coordination, lower costs, and improved health outcomes for Michiganders. The	
Michigan Department of Health and Human Services	
(MDHHS) is implementing this initiative based upon the	
Blueprint for Health Innovation, which is a strategic plan	
that was developed in partnership with Michigan	
stakeholders. MDHHS has received a \$70 million grant	
from the U.S. Department of Health and Human	
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Services to develop and test the models that were outlined in the Blueprint for Health Innovation over the next four years. MDHHS will work with community partners and stakeholders to develop and test these models in the following five pilot regions in Michigan: Jackson County; Muskegon County; Genesee County; Northern Region; and the Washtenaw and Livingston counties area.

The Northern Region focused on completing an assessment of emergency department utilization and findings and recommendations were provided to the State. This project will now focus on assessing patients with chronic disease for the social determinants of health and factors that may impact the ability to maintain good health. This project will be creating 3 hubs which will have resource guides to refer clients that may need assistance with housing, employment, social services, personal safety, etc.

Workplan updates

Donna reviewed a document that showed the alignment between CHNA results and issues identified in communities with focus areas that the NMCDPC is addressing. This document was sent to everyone along with the action Plan. The CHNA results demonstrated that social determinants of health and health disparities are issues that are important to address to create healthier communities.

PSE Change Task Force – Sally Mellema

Proposals were approved for the following counties

- Oceana- \$1500 Hart Farmer's Market and \$1254 New Era Farmer's Market- marketing, signage and tokens for Senior Power of Produce program. \$946 for Village of Walkerville- park improvements
- Newaygo-\$5,000 CATCH program equipment (ninja blender, lunchroom signage) and tobacco lung models for Breathe Well. Fiduciary is Spectrum Health on behalf of Live Well Newaygo County
- Manistee (Part II)- \$2,456 Physical Activity equipment for senior center
- Crawford- \$3,200 Community walking routes wayfinding/marketing; \$1300 school physical activity equipment- Grayling Schools(only school district in Crawford County)
- Kalkaska-\$4,500 Kalkaska Farmer's Market marketing/promotion. Fiduciary is Kalkaska DDA.
- Mason- \$5,000 for walk in cooler and freezer to Lakeshore Resource Network (Food Pantry)

Conference:

ACTION: We need a creative name/theme! Policy, Systems, and Environmental Change for Chronic Disease Preventionis boring. Please submit any name suggestions by May 15th to Sally Mellema or Donna Norkoli.

Fathima Wakeel suggested: "Live Longer, Live Better" Donna will collect suggestions and send to members for a vote. Sally will be sending out calls for abstracts for speakers. If you know of any excellent speakers please contact Sally at

smellema@dhd10.org

Fathima suggested that the FSU Public Health students submit poster presentations for the conference.

Save The Date's will be sent out by June 1.

Summer PSE GROUP Meetings: June 23rd 10a- 12p

Mecosta-\$2,000 Big Rapids Community Garden;
 \$800 Big Rapids Community Library
 gardening/seed library, tobacco free signage;
 \$1,500 Starburst food pantry educational
 material; \$700 strategic planning and marketing
 funds for Big Rapids Health Coalition

Already approved:

Lake- Lake County Food Council (Canning lending library, 501c3 filing fees, community garden, choice pantry labeling supplies)

Missaukee & Wexford- Worksite Wellness
Manistee Part I: Physical Activity equipment for
new rec center at old armory
A point person has been selected from DHD #10 to
submit the check request for each county to Donna
Norkoli.

Annual Summit

- Date: <u>Friday, September 22nd, Ferris State</u>
 <u>University 8:30 am- 3:30 pm</u>
- Budget \$3,000. Mostly food costs. Room is no charge. Sally will work with Gail on Ferris Catering.
- RFP process for Speakers
 - RFP will be sent out for all speakers
 - 3 Keynote speakers- please send to people you think might be good possibilities! We have so many good suggestions; we decided to make it competitive.
 - Popcorn Breakouts- reports from each county plus Ferris students. One extra spot will be competitive, so others can apply or counties can submit more than one proposal. Each site will get 10-12 minutes. 3 speakers per popcorn session and speakers will be arranged by topic after proposals are selected. Sessions can be from the coalition or community partners.
 - Timeline for RFP's:
 - i. Released to public/coalitions by: June 1
 - ii. Due by: July 20
 - iii. Select and Notify by: August 15

<u>DPP Task Force – Kim Chandler</u>

- The Northern Michigan Diabetes Collaborative met on May 1.
- A Lifestyle coach training was held May 11-12, 2017 at the U Center in Gaylord for members of the Northern Michigan CDCN. Beth Langenburg

August 4th 10a-12p

Meetings will be held at DHD #10 Baldwin
Office with a call in option (231-689-7300
ext. 7560 passcode 1005#)

Register DPP programs on the State of Michigan's new registration site – the State has created a site where fully recognized or those pending recognition can register their upcoming DPP classes. Organizations may register their classes

indicated that someone from Spectrum Big Rapids was attending.

- There was a discussion of the CDC Registry of DPP providers/ applying for CDC recognition
- The next statewide DPP Network Meeting is July 25th.
- Spectrum Reed City Hospital started a DPP class on May 8th

Northern MI DPP Collaborative Meetings (Teleconference)

Time: 1:30-3 PM

- Monday, 7/31/17
- Monday, 10/30/17

here and begin referring people to this site as a resource. Find a class: http://www.mihealthyprograms.org/dpp-class-search.aspx

Register your class:

http://www.mihealthyprograms.org/dpp-class-submission-form.aspx

Notes. You must be a recognized program or in the process of becoming recognized in order to register your program. Once registered with the CDC, the State will add you to their drop down menu, and you will be able to register your program.

Resources Related to the National Diabetes Prevention Program

- Northern Michigan Diabetes Initiative: http://nmdi.org/
- State of Michigan Diabetes Prevention Program: www.michigan.gov/diabetes/
- State of Michigan Diabetes Prevention
 Network:
 http://midiabetesprevention.org/index.h

<u>Tobacco Prevention and Cessation Community/clinical</u> Linkages Task force – Donna Norkoli

Donna reported that a very small group met on April 24. The task force is working on:

 Implementing a Tobacco Treatment Specialist Training
 Karen Ripke, TTS, will be implementing the training which will take place June 5-8 in
 Cadillac. It is a four day training. The cost will be \$1000 per participant.
 Limited scholarships are available. The next Meeting of the Tobacco Task Force will be on July 24 at 1 p.m. at the Wexford PHO office. Call in will be available.

Link to Registration materials for the TTS Training:

https://www.dhd10.org/healthcareproviders/tobacco-treatment-specialisttraining/

Member Updates

Andrea Cassell – ACS

Speakers from the ACS could speak about legislative issues for the Chronic Disease Summit.

Gail Bullard - FSU

Gail reported that there was a good turnout for "Understanding Healthcare reform lecture series at FSU in March. DHD #10 presented on the Mecosta County Community Health Needs Assessment results.

Kim Benz – Munson Health Care Cadillac

Kim reported that Munson Healthcare Cadillac has identified obesity prevention and reduction as a priority focus area in the Community Health Improvement Plan. The hospital is working on an Obesity Prevention Action Plan.

Susan Affholter – Northwest Michigan Chronic Disease Coordinating Network

Susan suggested that the conference include a panel discussion regarding how to sustain community gardens. Many community gardens do not have someone managing them and fall into disuse.

Beth Langenburg – Spectrum Health Big Rapids

Spectrum Health is working with the Big Rapids farmers market and will be providing education at the market. The hospital is having staff trained in the Diabetes Prevention Program and is sending staff to the Tobacco Treatment Specialist Training.

Fathima Wakeel – Ferris State University

The first class of Public Health students will be graduating from FSU in May.

Donna Norkoli - DHD #10

Newsletter articles for the June NMCDPC Newsletter are due to Erin Barrett by June 16. ebarrett@dhd10.org

Next meeting date: June 2, 2017 from 10 – 12 at Ferris State University.