



NORTHERN MICHIGAN DIABETES INITIATIVE

WINTER STAKEHOLDER NEWSLETTER



Cool Collaborations

- Munson Healthcare Cadillac Hospital recently completed their first FitKids360 program. Six children and their families completed the program. Program organizers said they saw positive changes in physical activity levels and reduced screen time. Several community partners including the Cadillac YMCA helped make the program a success.
- Several Munson hospitals will be partnering with District Health Department #10 to offer a Prescription for Health program which provides fruit and vegetable "prescriptions" to patients at participating doctor's offices. The prescriptions then get redeemed for tokens to be used at local farmers markets.
- Charlevoix Wellness Workshop is partnering with MSU Extension to offer Tai Chi and a Diabetes PATH program beginning in 2020. Registration information for both classes will be shared on the NMDI Facebook page.



Upcoming DPP Class

Munson Medical Center's next
DPP class starts in January!

January 20th - information session
January 27th - first class
3:30-4:30pm

Registration required, 231-935-9227

Candy Take Back Recap

We couldn't be more pleased with the success of the 2019 Candy Take Back.

8 Counties
19 Drop off locations
1471 lbs of candy collected

Thank you to everyone who participated!



Free A1C Screening Event a great success!

During the month of November, District Health Department #10 partnered with the Lions Club of Michigan to offer free A1C screenings at all ten of their locations. Participants who were screened and determined to be in the prediabetes range were referred to a local Diabetes Prevention Program and those who were in the diabetes range were referred to DSME.

County	Number Screened
Crawford	2
Lake	6
Kalkaska	7
Manistee	19
Mason	5
Mecosta	14
Missaukee	8
Newaygo	9
Oceana	6
Wexford	6
Total Screened	82

"DHD10 was pleased to partner with the Lions Club to offer A1c screenings for Diabetes Month to increase awareness of diabetes and prediabetes in our 10-county region. We are happy that residents were able to learn about their health status and make informed choices about their health. We hope to partner with the Lions Club again in the future." - Christy Rivette, DHD10

