



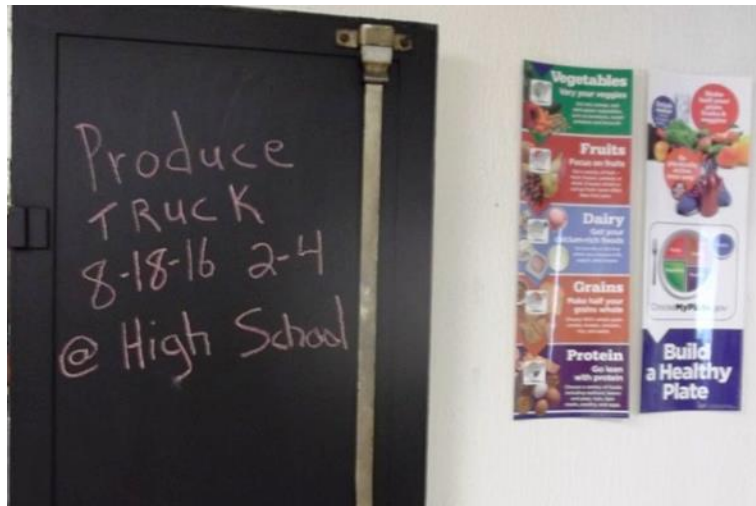
Policy, Systems, & Environmental Changes

CRAWFORD COUNTY



- Trained Tobacco Specialist
- Gaga courts
- 5-2-1-0 marketing campaign
- Prescription for Health
- Employee wellness: Munson Grayling
- Hospital walking loop
- COA upgrades: exercise equipment
 - Chair volleyball
 - Pickleball

KALKASKA COUNTY



- Trained Tobacco Specialist
- Cooking with Kids
- Farmers market promotion
- Kalkaska Schools enhanced nutrition signage in cafeteria
- Kalkaska Middle school garden
- Kalkaska COA: purchasing a commercial food processor.
- KAIR food pantry will install a walk-in freezer.
- Kalkaska Memorial Health Center Teen Health Corner in Kalkaska and Forest Area Schools: Building Stronger Bodies Project.
- Water bottle filling stations-schools

LAKE COUNTY



- Trained Tobacco Specialist
- Lake County Community Food Council
 - Choosing Health in Lake
- Healthy Store shelf labeling
- Menu labeling- local restaurants
- Community Garden- Idlewild
- On site farmers market- DHD #10
- Garden in a Box distribution
- Upgraded parks- Luther & Webber Twp
- Building Healthy Communities school wellness program
- Community canning lending library
- Community workout area- Senior Center
- \$1/pound community salad bar
 - St. Ann's Senior Meals
- Pantry upgrades:
 - Irons 7th Day Adventist Church
- Choice Pantry conversion:
 - Bread of Life Pantry

Manistee County



- Trained Tobacco Specialist
- Cooking Matters
- Cooking with Kids
- Community garden updates: Sophia's Garden- City of Manistee
- Tobacco Free play areas: City of Manistee
- Manistee Public Schools: healthy vending machines
- Worksite wellness programs
 - Learning Kitchens
- Farm to Senior feasibility study
- Little River Band Child and Family Development Center greenhouse and canning classes
- Manistee Community Kitchen - strengthen the food pantry system
- Bear Lake Methodist Church Pantry Freezer and Backpack Buddies
- Iron Works Cafe

Mason County



- Trained Tobacco Specialist
- Win with Wellness
- FIT Kids School Program
- Hospital- Community Wellness Staff Member
- Lakeshore Resource Network
 - Worksite wellness
 - Pantry upgrades

Mecosta County



- Trained Tobacco Specialist
- Water bottle filling station: BR MS
- Indoor Walking: BR MS
- Cooking with Kids
- Trail promotion
- Smoke Free playground signage
- Expanded community gardens
- Kids Program at Farmers Market
- Worksite wellness
 - Learning Kitchens

Missaukee County



- Trained Tobacco Specialist
- Swim program For Lake City Schools Physical Education Program
- Lake City Schools- New salad bars & healthy eating promotion

Newaygo County



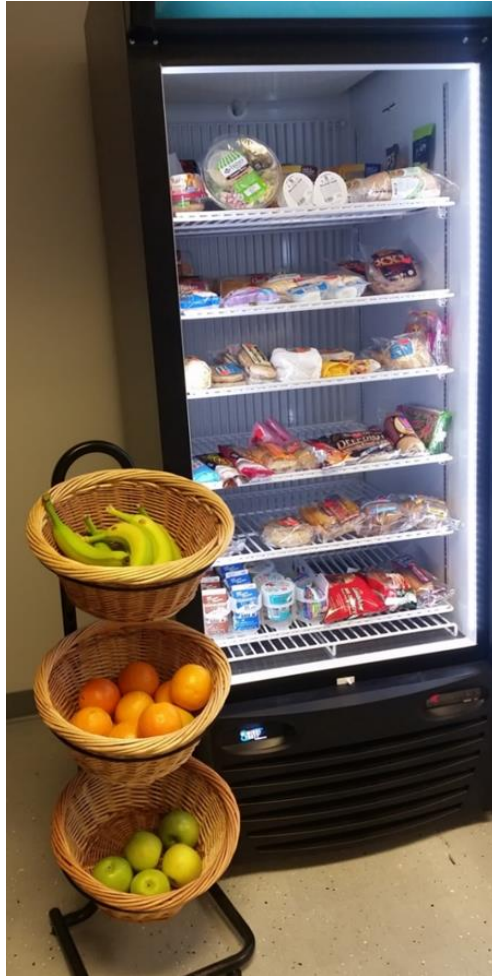
- Trained Tobacco Specialist
- Active coalitions
 - Live Well NC
 - Breathe Well NC
- MI Way to Health project
- CATCH Program- schools
- Smarter Lunchrooms- Hesperia & White Cloud
- Great Start gardens
- Hospital- healthy catering menu
- Grocery store tours
- Senior Meals program
 - Improved salad bar, Meals to Wheels upgrades

Oceana County



- Trained Tobacco Specialist
- Worksite Wellness
 - Learning Kitchens
- Cooking with Kids
- Gaga Court- Walkerville
- Tobacco Free Parks signage: Walkerville
- Local restaurant menu labeling
- Grocery/Pantry store healthy labeling
- Farm to School: Hart
- Shelby/Walkerville Schools: Coordinated School Health, Smarter Lunchroom Schools

Wexford County



- Trained Tobacco Specialist
- Upgraded Farmers Market Pavilion
- Worksite Wellness Programs
 - Learning Kitchens
 - Healthy Vending Machines