



Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

Friday, March 22, 2019

Attendees: Donna Norkoli, DHD #10; Gail Bullard, Ferris State University; Erin Barrett, DHD #10; Sally Mellema, DHD#10; Karen Ripke, DHD #10; Katie Miller, DHD#10; Taylor Law, Grand Valley State University.

On phone: Joanne Benthum, MSU Extension; Jody Hanson, Munson Hospital Manistee; Courtney Cole, MDHHS.

Discussion Item	Action
<p>Welcome of members! Introduction of Katie Miller, DHD#10- new coordinator for Coalition</p>	<p>Please contact Katie Miller with any questions, suggestions, or concerns regarding the NMCDPC moving forward: kmliller@dhd10.org, (231) 316-8567.</p>
<p>Membership Committee</p> <ul style="list-style-type: none"> • Reviewed items on action plan draft • Suggestion to hold quarterly meetings • Focus will be: 1) strengthen member engagement; 2) address concerns with full coalition meeting location and other responses from member survey (summer-fall 2018). 	<p>Membership Committee will be meeting via conference call in April. Contact Katie Miller if you would like to join.</p>
<p>Strategic Planning</p> <ul style="list-style-type: none"> • Discussed at the November meeting. • Suggestions for: 1) organizational chart, linking local and regional coalition; 2) LiveWell website as a platform for member communication; 3) yearly action planning. 	<p>Donna will finalize changes and send to Katie M for distribution to the full contact list prior to the next meeting.</p>
<p>PSE Change Task Force – Sally Mellema As of 3/18/2019 projects 2019 funds have been approved to fund:</p> <ul style="list-style-type: none"> • Trail promotion, hiking pack lending kit and water bottle filling station in Crawford County • Home Economics kitchen upgrades- Kalkaska High School- Will co-use for MSU Extension Cooking classes for the public • Tobacco/Substance free parks in Lake, Mason and Mecosta Counties • Vaping prevention programming in Newaygo County • Funding matches towards Non-Motorized Transportation planning in Manistee County and Safe Routes to School in Cadillac • Community Garden support in Mason County • Park upgrades in Mecosta Twp and at Big Rapids Library 	<p>To do's: 1) assess how funded projects turn out, how money was sent; 2) success stories to highlight progress; 3) communicate with local coalitions about TA support.</p> <p>Save the date for the 2019 summit: September 13 at Ferris State University. Please contact Sally with any questions regarding the PSE Change Task Force: smellema@dhd10.org.</p>

<ul style="list-style-type: none"> • Active community support in Oceana County- Walking the Ville program support in Walkerville; Bike repair station in Downtown Hart • Diabetes Prevention support materials- Oceana County • Breastfeeding tent for community events in Mecosta County • Physical activity equipment for Great Start in Missaukee County • Senior health projects- Drums Alive programming in Cadillac and COA Community Garden in Newaygo County <p>The 3rd annual Chronic Disease Prevention Summit is being planned for September 13, 2019 at Ferris State University (9am-2pm).</p> <p>The Summit provides a connection for communities across the jurisdiction to learn and network from each other. It gives greater reach to Tencon funds by communities being able to share their work to other communities. In the last four years, we have seen many communities mentor other communities to implement work that started as Tencon funded projects. These include mentoring around tobacco free communities, active communities, local food access and community gardens.</p>	
<p><u>Northern Michigan Diabetes Prevention Program – vacant(?)</u> Kim C has transitioned to a new position at Munson Healthcare Traverse City. Training updates sent to the Coalition’s email list serv. No other updates.</p>	<p>Katie M will connect with Kim about continuing on as the Chair. A replacement will be nominated if needed.</p>
<p><u>Tobacco Prevention and Cessation Community/Clinical Linkages Task Force – Karen Ripke & Donna Norkoli</u> Kick Butts Day was March 20th! Newaygo County schools, FSU, and others did various events for this campaign.</p> <p>Karen is working with other TTS staff to update cessation numbers.</p> <ul style="list-style-type: none"> • Total referrals for February: 127 • # Enrolled: 27 • # Completed: 6 <p>SCRIPT Program: We are still seeing high rates of smoking during pregnancy in our region, though the Perinatal Subgroup reports that numbers are decreasing. Between October and February, there were 6 SCRIPT enrollments for our region.</p> <p>HRSA Grant: DHD#10 is working with MI Community Dental Clinic in Big Rapids; looking for a system to flag clients who use tobacco and how they are referred.</p>	<p>The next Meeting of the Tobacco Task Force will be on April 22 at 1 p.m. at the Cadillac office of DHD #10. Call in will be available.</p>

<p>Updated Tobacco Resource brochure will be printed and distributed soon.</p>	
<p><u>LiveWell Website and Newsletter – Erin Barrett</u> Current newsletter will go out March 29th! Taylor Law, DHD#10 intern from GVSU has been helping with this. Each newsletter will have a different theme, with this newsletter focusing on nutrition- highlighting the Lake County and Mason County Food Councils and the Dining with Diabetes Class.</p> <p>LiveWell website reach:</p> <ul style="list-style-type: none"> • 2017: 9,004 people utilized the website. Updated site launched in June, 2018. • 2018: 12,219 people utilized the website. 	<p>Content for the June 28th newsletter is due to Erin by June 14th. Katie M will send out a reminder via email. The theme/focus will be on tobacco/substance free signage.</p> <p>Please continue to utilize LiveWell to promote local resources. Send information on any events or programs you want promoted to Erin Barrett at ebarrett@dhd10.org.</p>
<p><u>Worksite Wellness- Caitlin Hills</u> No updates.</p>	<p>Please contact Caitlin at chills@dhd10.org if you want to be added to the Worksite Wellness contact list.</p>
<p><u>Funding Updates</u></p> <ul style="list-style-type: none"> • Donna (DHD#10): Michigan Health Endowment Fund (\$500k for 2 years)- due April 10. Rx for Health focus. Donna has been in touch with at least one agency in each county. Each county/agency would receive \$15,000 for each of 2 years. Donna drafted a letter of support- Gail will sign as the Chair. Grant will start in August if we receive the funds. Grant writer for Munson Traverse City will be assisting with letters of support. Erin is meeting with Lakeside- leadership change. Spectrum Gerber, Ludington, Munson, Baldwin Family Healthcare have all sent letters of support. • Gail (FSU): Rural Health Collaborative- CMH, Spectrum Big Rapids, FSU. Planning grant- pulling together resources in Mecosta, Osceola, potentially Lake and Montcalm counties. Will not hear back until June, but starting this work anyway. Collecting data from the counties (CHNA, CHIPs). Connecting with group out of Ohio that have had success- 2 years in. Having Ohio person come to April meeting, and come to campus in September or October- how they've branched out and found support/investment. • Erin (DHD#10): MiThrive- 31 county collaboration. 6-month data collection period just wrapped up; now working on priorities, regional plan. Just had a meeting of all 31 counties- substance use and mental health access selected. Now will host 6 local meetings- broken up by region. Will look at 7 priorities and figure out what they will work on. 	<p>Please email Katie if you have a funding update that you would like shared with the NMCDPC contact list.</p>

<p>Encouraging stakeholders and community members. Donna sent it out to NMCD list- encouraging others to pass along.</p>	
<p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Donna: <ul style="list-style-type: none"> ○ Blue Zone meeting- May 9th. Based on research/projects from 4 areas in the US. ○ Tobacco 21- statewide push to raise age of tobacco purchase to 21 ○ LiveWell for your health (HRSA grant)- Mecosta and Lake counties, many people surprised by their screenings. Donna will have data at next meeting. • Karen: <ul style="list-style-type: none"> ○ Bill introduced to restrict vaping products to (21+), schools reaching out for support for students about vaping/suspension alternatives. Tobacco-free park signage in several communities. • Gail: <ul style="list-style-type: none"> ○ Economic inequality initiative. Educating people on social determinants of health, poverty simulations, book discussion on “Evicted”. • Sally: <ul style="list-style-type: none"> ○ Community Connections CHW program- Manistee, Mecosta, Crawford counties have taken off (*program in all 10 DHD#10 counties). Started to get referrals via the ED from Spectrum Big Rapids. • JoAnne: <ul style="list-style-type: none"> ○ New class, “Cooking for One” that she’s hoping will be popular for seniors and young people. 	<p>Please email Katie if you have a funding update that you would like shared with the NMCDPC contact list.</p>

Next meeting date: June 7, 2019 10 a.m. to 12 p.m. Ferris State University