



Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

Friday, November 4, 2016

Attendees: Sally Mellema, DHD #10; Kim Chandler, DHD #10; Fathima Wakeel, FSU; Sally Wagoner, Spectrum Health Gerber; Shelli Smith, DHD #10; Angela McFall, MDHHS; Beth Langenburg, Spectrum Health Big Rapids and Reed City; Gail Bullard, FSU; Donna Norkoli, DHD #10.

By Phone: Cheryl Melroy, Munson Healthcare Grayling; Sarah Eichberger, MSU Extension; Pam Daniels, MSU Extension; Kim Benz, Munson Healthcare Cadillac; Catalina Burillo, Mercy Health Lakeshore

CDPC Draft Action Plan Review and Discussion

The group reviewed the draft action plan and suggested revisions. Donna will update with the revisions and send out to all CDPC members for final review.

Discussion of Membership

Donna reported that she did receive signed Membership Commitment forms from some members but not everyone responded. She will e-mail some dates for the membership committee to meet to look at who did not send agreements and follow up. The committee will also work on developing a member orientation packet. The committee will also brainstorm on what agencies are not represented and make plans to send invitations. The group also discussed needing to have a member from each local coalition represented on the CDPC.

Live Well Website and Facebook page

Donna reviewed the Live Well website and the NMCDPC pages. Please go to www.livewell4health.org to access meeting minutes, member roster and workplan. Please send Donna info or events that you may want to promote. Members discussed that this website could become a good resource for chronic disease prevention information.

Chronic Disease Coordinating Network Task Force Groups Updates

- Policy, Systems, Environmental Change Task Force- Sally Mellema
Sally Mellema provided a handout to promote the first meeting of the PSE Change Strategies Task Force. Donna will send the invitation to all of the CDPC members.
- Diabetes Prevention Program Task Force Update – Kim Chandler

Kim reported that the Northern Michigan Diabetes Initiative, the Health Dept. of Northwest Michigan and our Northwest Michigan Chronic Disease Coordinating Network will merge and collaborate on increasing community/clinical linkages for diabetes prevention. The first meeting of this regional group has not been scheduled yet. As soon as it is Kim will send out an invitation to NMCDPC members. This group plans to align with the State Diabetes Prevention Action Plan http://www.michigan.gov/documents/mdhhs/Michigan_Diabetes_Prevention_Plan-2016-2018_533605_7.pdf

Reimbursement for DPP programs will be one of the issues the group will be working on. A collective voice will help move this forward.

- Tobacco Prevention Community/Clinical Linkages Task Force Updates – Donna Norkoli

Donna reported that the Tobacco Cessation Community/Clinical Linkages Task Force group met on October 24. Attendees were: Kim Benz from Munson Healthcare Cadillac, Karen Ripke from DHD #10, Mary Ann Gutteriez from Northwest Michigan Health Services, Mary Beasley from West Shore Medical Center, Sonja Mayo from Spectrum Health Ludington, Lyni Nowak from Susan Wheatlake Cancer Center, Holly Joseph from DHD #10 and Donna Norkoli from DHD #10. The next meeting will be on January 23 at 1 p.m. Donna will be sending an invitation and location notice.

Update on Local Coalition Proposals for Tencon funding

Nine county coalitions in the NMCDPC region developed proposals for funding from the Tencon Health Plan Chronic Disease Prevention funds. Each county was allocated up to \$5000 for a policy, systems, environmental change intended to reduce chronic disease.

- Crawford County used the funding for physical activity equipment for parks to increase opportunities for physical activity.
- Kalkaska County used the funding to promote and expand the Kalkaska Farmers Market. Market vendors have increased and market sales are increasing every week.
- Lake County is using the funds for the Bread of life Food Pantry for a heating and cooling system so that the pantry is able to store healthy foods and equipment for community canning classes
- Manistee County used the funding for Tobacco Free playground signage for Manistee and to create a community campaign to promote the tobacco free playgrounds and to build raised beds for the Sophia St. Garden.
- Mecosta County will use funds for a water bottle filling station for Big Rapids Middle School, tobacco-free outdoor recreation areas signage, and for promotional brochures for the trails and parks.

- Missaukee County used funds for Lake City schools for a swimming program and to sustain the program as part of their physical education curriculum.
- Newaygo County used the funding to create materials and branding to promote initiatives of a new tobacco prevention workgroup, Breathe Well Newaygo County.
- Oceana County used the funding for a physical activity structure (gag a pit) and for Tobacco Free Parks signs in Walkerville.
- Wexford County is using the funding to enhance the pavilion for the Farmers Market.

Bridges to Healthcare Update

Gail reported that 15 people attended the Bridges to Healthcare workshop on October 21. Feedback was good. She will offer the workshop again on Feb. 10 at the University Center at Ferris State University from 9 a.m. to 2 p.m. She will condense the workshop to 3 chapters of the book to allow more time for interactive brainstorming.

Member Updates

Fathima announced that Ferris is looking for placements for interns for the spring.

Beth Langenburg: Spectrum Health is partnering with FSU on a planning grant to address chronic disease.

Angela McFall: The Michigan Cancer Consortium Annual Meeting will be held on Nov. 9th.

Sally Wagoner reported that Newaygo County has formed a tobacco prevention workgroup called Breathe Well Newaygo County. A logo has been developed to create a 'brand' for the workgroup. Sally will send out the logo to Donna to post on the Live Well website.

Sally Mellema reported that the Lake County Food Policy Council members presented as a panel at the 2016 Michigan Good Food Summit, held on October 28, 2016 at the Kellogg Hotel and Conference Center in East Lansing. Nearly 500 attendees participated and the theme was: "Good Food For All: The Road to 2020." For copies of presentations go to:

<http://www.michiganfood.org/summits>

Cheryl Melroy reported that the Munson Healthcare Grayling Hospital completed their Community Health Needs Assessment and strategies they plan to implement include; completing an inventory of chronic disease programs and whether they are funded and seeking out funding for chronic disease care managers.

Catalina Burillo reported that the Oceana County Health Disparities Reduction Coalition identified three focus areas to work on in the coming years: diabetes, obesity and access to health care.

Next meeting date: January 6, 2017 from 10 – 12 at Ferris State University.