

# Northwest Michigan Chronic Disease Prevention Coalition Quarterly Newsletter

*Nine county coalitions in the NMCDPC region developed proposals for funding from the Tencon Health Plan Chronic Disease Prevention funds. Each county was allocated up to \$5,000 for a policy, systems, environmental change intended to reduce chronic disease.*

## Manistee County

The Manistee City Council voted in favor for the health of children by approving a tobacco free resolution which includes installation of tobacco free signage. The resolution states the use of tobacco is harmful to the health of both adults and children, and sets an unhealthy example for the youth and children of the City of Manistee. Live Well Manistee County along with the Great Start Collaborative, District Health Department #10, and the City of Manistee Parks Commission came together to send a clear message that all children should have access to play areas that promote healthy activity and are free of secondhand smoke and tobacco litter. It became clear as the project evolved, that Play Tobacco Free in Manistee would have a broader reaching impact.

*"Children, older persons, those with special health needs and pregnant women are particularly vulnerable to the health risks caused by secondhand smoke exposure, even in outdoor environments," said Ingemar Johansson, former Live Well Manistee Chairperson.*



## Crawford County

The Crawford County Health Improvement Committee is committed to increasing physical activity opportunities in Crawford County. Chair volleyball and Pickleball equipment was purchased for the Crawford County Commission on Aging and a gaga court is being built for a local park.



# Wexford County

The Cadillac Community Health Coalition used the funding to enhance the pavilion for the Farmers Market. The proposed Market at Cadillac Commons is an open-air farmer's market structure located between the Cadillac 5 Movie Theater and the After 26 Depot. The Market will be home to two established community markets, the Cadillac Made in Michigan Artisan and Farm Market, as well as the traditional Farmers Market. Weekly seasonal markets and vendors will have a place to call "home." The Market will serve as a permanent covered structure to serve as protection from the elements and allow for easy vendor and shopping access.



# Oceana County

Walkerville Thrives is committed to improving the quality of life for all people and promoting sustainable growth. A gaga pit was created to increase physical activity opportunities and Tobacco Free signs were posted in local parks.



Check out the Live Well website for resources and local activities:  
[www.livewell4health.org](http://www.livewell4health.org)

**LIVE WELL**

 @livewell4health



# County Updates

## Lake County

The Lake County Community Food Council used funds for a heating and cooling system at the Bread of Life food pantry. This system will allow the pantry to store greater amounts of fresh food with fewer preservatives.

## Missaukee County

The Cadillac Community Health Coalition, which also covers Missaukee County, used the funding for the Lake City schools swimming program. This is a sustainable program and will be part of their physical education curriculum.

## Kalkaska County

Livewell Kalkaska used the funding to promote and expand the Kalkaska Farmers Market. Market vendors and sales have increased from these improvements.

## Newaygo County

Livewell Newaygo used the funding to create materials and branding to promote initiatives of a new tobacco prevention workgroup, Breathe Well Newaygo County.

## Mecosta County

Big Rapids Health Coalition plans to use funds for a water bottle filling station at the Big Rapids Middle School. Funds will also cover tobacco-free outdoor recreation signage and promotional brochures for the trails and parks.