

# Healthy Eating in Mecosta County

## Farmer's Markets

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|---|---|---|
| Big Rapids Downtown Farmer's Market         | May 9th to October 24th:<br>Tuesdays 1-6pm & Friday 8-2pm<br><i>Project/Market Fresh, Double up food bucks, SNAP bridge cards</i> | Downtown Big Rapids<br>Michigan Ave                                       |
| Evart Farmer's Market<br>Osceola County     | Jun 14 <sup>th</sup> to Oct 11th<br>Saturdays 9AM - 1PM<br><i>Project/Market Fresh, Double up food bucks, SNAP bridge cards</i>   | Evart Depot<br>200 South Main Street<br>& Railroad St.<br>Evart, MI 49631 |
| Leroy Farmer's Market<br>Osceola County     | Season: May – Oct<br>Saturdays 9AM - 1PM  | Kent Street<br>LeRoy, MI 49655  |
| Crossroads Farmers Market<br>Osceola County | Season: May - Oct<br>Saturday's 9AM - 1PM   | Parking lot South of<br>Pompeii's on S. Chestnut<br>Reed City, MI 49677   |

## Food Pantries

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|--|---|---|---|
| Project Starburst                            | Monday –Friday 9am -2pm<br>Must be a resident of Mecosta or Osceola county  | (231) 796-5342                                | 120 S. State Street<br>Big Rapids, MI 49307           |
| St Andrew's Episcopal Church<br>Manna Pantry | Services available 1-4:00pm Monday-Friday.<br>Must be a resident of Mecosta or Osceola county   | (231) 796-5473                                | 315 B State Street<br>Big Rapids, MI 49307            |
| Barryton Area<br>Mobile Food Pantry          | 2nd Saturday of the month from 2-4:00pm<br>Registration begins at 11:00 A.M   | (989) 382-7872 or<br>(989) 382-5383           | 18221 30th Ave.<br>P.O. Box 224<br>Barryton, MI 49305 |
| American Legion<br>Food Pantry               | Services available 2 <sup>nd</sup> and 4 <sup>th</sup> Monday of the month from 9-11:00am. Must be a Morley Stanwood school district resident | (231) 856-4229                                | 2560 Northland Dr.<br>Morley, MI 49336                |
| God's Helping Hands of<br>Mecosta County     | Services available Tuesdays & Fridays from 9-12 noon. Must be a Mecosta county resident aged 18 or older                                      | (989) 967-8581                                | 8760 50th Avenue<br>Remus, MI 49340                   |
| Chippewa Lake<br>Community Church:           | Appointment only for Mecosta county residents   | Mary: (231) 250-9540<br>Linda: (231) 867-2053 | 10490 Lake Street<br>Chippewa Lake, MI 49320          |

# Food Assistance Programs

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|---|--|----------------|--|
| Third Avenue Soup Kitchen                     | Hours: Wednesday 11:30-12:30<br>Services offered: Free hot lunch every Wednesday | (231) 796-6874 | 326 N Third Avenue<br>Big Rapids, MI 49307   |
| St Mary's Parish Center                       | NO charge & no reservation needed.<br>5:30 - 6:30 PM every Tuesday evening       |                | 919 Marion Ave<br>Big Rapids, MI 49307   |
| St Michael Parish Center                      | NO charge & no reservation needed.<br>5:30 - 6:30 PM every Tuesday evening       |                | 8944 50th Ave (M-20)<br>Remus, MI 49340  |
| Commodity Supplemental Food Program (CSFP)    | FREE monthly box of food to qualified seniors                                    | (231) 660-0271 | Mid Michigan Community Action<br>14330 Northland Drive<br>Big Rapids, MI 49307<br><a href="http://www.mmcaa.org">www.mmcaa.org</a> |
| The Emergency Food Assistance Program (TEFAP) | FREE quarterly box of food to qualified families (including seniors as well)     | (231) 660-0271 | Mid Michigan Community Action<br>14330 Northland Drive<br>Big Rapids, MI 49307<br><a href="http://www.mmcaa.org">www.mmcaa.org</a> |

Learn about low or no cost nutrition programs by contacting:

**MICHIGAN STATE**  
UNIVERSITY  
**EXTENSION**

Mecosta County MSU-Extension  
14485 Northland Dr.  
Big Rapids, MI 49307  
(231) 592-0792  
[msue.mecosta@county.msu.edu](mailto:msue.mecosta@county.msu.edu)  
<http://msue.anr.msu.edu/county/info/mecosta>



District Health Department #10  
14485 Northland Dr.  
Big Rapids, MI 49307  
(231) 592-0130  
<http://www.dhd10.org/>

